

# YOUR ORAL HEALTH AND OVERALL HEALTH WINS BIG WITH SMART SCAN



## What is Smart Scan?

In a process overseen by Cigna network dentists, AI will analyze 5 simple photos of your teeth you can take with your smartphone to help you understand your current oral wellness. In minutes, you will receive:

- A Wellness Score from 1 to 100
- Visual highlights of potential concerns such as plaque, cavities, or gum inflammation
- Tips for improving your oral hygiene
- A Whiteness Score

**Completing your Smart Scan during Open Enrollment qualifies you for a \$23.08 wellness credit per pay period toward your 2026 medical premiums.**

## How can I access Smart Scan?

Visit [Dental.com/Cigna/LightAndWonder](https://Dental.com/Cigna/LightAndWonder) or use the QR code at the top of this page to complete your free Smart Scan.

## Who can use Smart Scan?

Smart Scan is available to all eligible employees and their covered family members. When prompted, select "Spouse" or "Child" if the scan is for a family member. Any family member can use Smart Scan, but only employees are eligible for the \$23.08 wellness credit per pay period toward your 2026 medical premiums.

## What Happens After You Get Your Results

Your Smart Scan provides a snapshot of your oral health. Based on your results, you may:

- Receive an oral health score
- Be given AI-driven hygiene improvement suggestions
- Be encouraged to schedule a virtual or in person dental appointment

**Early detection helps prevent costly and avoidable dental issues.**

## Next Steps

1. If you already have a Cigna account, visit [myCigna.com](https://myCigna.com) to find a dentist and schedule your visit.
2. If you don't yet have a Cigna account, go to [myCigna.com](https://myCigna.com) to register and review your dental benefits.
3. If you are not currently covered by Cigna Dental, consider enrolling in a dental plan to address your oral health needs during the 2026 plan year.